



## USUI Reiki level 1 & 2

### Open day & **workshop** @ Yoga Om

**Open day** : September 18<sup>th</sup>  
**Timing** : 11am-1pm (Free)

#### **Workshop**

**Date** : September 23<sup>rd</sup> & 24<sup>th</sup>, 2010  
**Time** : 10am – 5.00pm  
**Course fees** : Dhs 1500/- per person  
(Inclusive of course material, after course guidance & certification)

#### **What Reiki can do for you?**

- Increase Energy
- Reduction in stress levels
- Increase sense of calm & harmony
- Strengthen the immune system
- Faster recovery from illness
- Reduce blood pressure
- Greater sense of happiness
- More acute intuition
- Better focus and clarity
- Better sleeping pattern
- Relief from physical pain
- More rounded interpersonal skills

**Course conducted by Steve & Laarni Flaherty**

**For bookings call Yoga Om on 048853655**